



MARCH

2021

SCISD



m
Pancakes, bacon
Cereal, grahams, MFJ
Cheeseburger, fries,
Garnish, cucumber cup
Strawberries, milk

1.

t
Muffin, cheese stick
Cereal, grahams, MFJ
Taco salad, beans, salsa
Salad cup, carrots, apple, ice
cream, MILK

2.

w
Breakfast pizza, MFJ
cereal., grahams
Pizza pocket, mixed veg.
Salad cup, peaches
Cookie, milk

3.

th
Breakfast strudel, MFJ
Yogurt, cereal, grahams
Soft tacos, rice, salad
Fruit, brownie, milk

4.

f
Cereal, grahams
MFJ
Chicken nuggets, roll
Mashed potatoes, gravy
Green beans, apple, MILK

5.

Sausage Kolache, yogurt
Cereal, grahams, MFJ
Taquitos, queso, beans
Corn, salsa, fruit
Cookie, milk

8.

Mini pancakes, MFJ
Cereal, grahams
Meatballs in sauce, roll
Tator tots, veggie cup
Orange, milk

9.

Waffles, sausage, MFJ
Cereal, grahams
Chicken nuggets, salad
Mac & cheese, green beans,
grapes, MILK

10.

French toast, yogurt
Cereal, grahams, MFJ
Hot ham & cheese, chips
Tomato cup, corn
Pudding, milk

11.

Cereal, grahams
Cheeseburger, garnish
Cucumbers, carrots
Fruit, rice crispy treat
Milk

12.

SPRING BREAK

15.

SPRING BREAK

16.

SPRING BREAK

17.

SPRING BREAK

18.

SPRING BREAK

19.

Pancake wrap, cheese
Cereal, grahams, MFJ
Chili dog, fries, salad
Cucumber cup, orange
Milk

22.

Twin biscuit, cereal, MFJ
Grahams
Frito pie, veggie cup
Beans, salsa, fruit
milk

23.

Cereal, grahams, MFJ
Pizza, mixed veggies
Broccoli bites, fruit
Cookie, milk

24.

Sausage kolache, yogurt
Cereal, grahams, MFJ
Cheeseburger, garnish
Fries, carrots, fruit
Ice cream, milk

25.

Muffin, cheese stick
Cereal, grahams, MFJ
Sloppy joe, chips, salad
Green beans, fruit
Pudding, milk

26.

Waffles, bacon, cereal
Grahams, MFJ
Steak fingers, gravy, roll
Mashed potatoes, okra
Fruit, milk

29.

Twin biscuit, cereal
Grahams, MFJ
Meat & cheese chalupas, rice,
beans, APPLE SAUCE
Salsa, garnish, cucumbers, MILK

30.

PBJ, CHEESE STICK, CEREAL
GRAHAMS, MFJ
HAM & CHEESE, CHIPS,
GARNISH, CARROTS, FRUIT
COOKIE, MILK

31.

Special Announcements:

15TH – 19TH SPRING BREAK

- School Breakfast Week Mar. 8-12



ECLIPSE EGGS



An eclipse happens when a planet or a moon gets in the way of the sun's light. On Earth, we can experience two kinds of eclipses: solar eclipses and lunar eclipses. A solar eclipse happens when the moon passes in front of the sun and casts its shadow on Earth, making it dark during the day. During a lunar eclipse, Earth gets in the way of the sun's light hitting the moon. That means that during a lunar eclipse, the moon will fade away from view as Earth's shadow covers it up.

CRACK THE CODE

A	B	C	D	E	F	G	H	I	J	K	L	M
1	2	3	4	5	6	7	8	9	10	11	12	13
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	15	16	17	18	19	20	21	22	23	24	25	26

23 8 5 14 5 7 7 19 20 5 12 12
 10 15 11 5 19 , 1 18 5 20 8 5 25
 3 1 12 12 5 4 25 15 12 11 19 ?

Answer: When eggs tell jokes, are they called yolks?

DID YOU KNOW?

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas foods. School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state.

Eggs, milk, lean meat, fruit, vegetables, and whole grains can all be part of a good breakfast and they're all produced right here in Texas. Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
 National School Lunch Program and School Breakfast Program



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www.SquareMeals.org