

Monday	Tuesday	Wednesday	Thursday	Friday
		Muffins/Yogurt or Cereal/Grahams MJF <b>1</b>  Spaghetti/Bread or Pizza Salad, Steamed Veggies Fruit, Pudding, Milk	Breakfast Burritos or Cereal/Grahams MJF <b>2</b>  Boneless Chicken Wings or Chili Cheese Tots Celery/Baby Carrots Sticks Cornbread Muffins, Ranch Apples, Brownies, Milk	Biscuit/ Sausage or Cereal/Grahams MJF <b>3</b>  Hamburgers/Chips or Ham/Cheese Sandwich/Chips Sandwich Salad, Sliced Cucumbers Orange/ Cookies, Milk
Pig n a Blanket or Cereal/Grahams MJF <b>6</b>  Steak Fingers/Gravy/ Rolls or Philly Cheese Steak Sandwich/Chips Mashed Potatoes, Green Beans Mixed Fruit, Yogurt Cup, Milk	Cheese Omelet on Toast or Cereal/Grahams MJF <b>7</b>  Tamale Plate or Soft Tacos Salad, Beans, Rice Salsa, Sliced Apples, Milk	French Toast/Sausage or Cereal/Grahams <b>8</b>  Pizza or Lasagna/Rolls Baby Carrots, Broccoli/Ranch Salad, Strawberry Cups, Cookies Milk	Breakfast Bread or Cereal/Grahams MJF <b>9</b>  Chicken Strips/Tots or Grilled Cheese/Tots Tomato Cup, Sliced Cucumbers Applesauce Cups, Milk	Cinnamon Rolls/Bacon or Cereal/Grahams MJF <b>10</b>  Corn Dogs/ Spicy Fries or Sausage Wrap/ Spicy Fries Baby Carrots, Salad, Ranch Oranges, Milk
Pancakes/Sausage or Cereal/Grahams MJF <b>13</b>  Taco Salad or Burritos/ Cheese Rice, Beans, Lettuce/Tomato Salsa, Snowball Salad, Milk	Breakfast Pizza or Cereal/Grahams MJF <b>14</b>  Pizza or Calzones Salads, Sliced Cucumbers/Ranch Diced Peaches, Cookies, Milk	Muffins/Yogurt or Cereal/Grahams MJF <b>15</b>  Hamburgers/Tots or Hot Wings/Tots Burger Salad, Baby Carrots Grapes, Milk	Pancake Wrap or Cereal/Grahams MJF <b>16</b>  Chicken Spaghetti/Rolls or Chicken Fried Steak Sandwich/Chips Salad, Green Beans, Tomato cup Apples, Milk	Donuts/Bacon or Cereal/Grahams MJF <b>17</b>  Ham/Cheese Sandwich Chips, Apples, A Cookie MIDDLE and HIGH SCHOOL WILL BE TOGO
<b>THANKSGIVING</b> <b>20</b>  <b>HOLIDAY</b>  Have a Blessed Thanksgiving	<b>SAFE</b> <b>21</b>  <b>TRAVELS</b>	<b>HUG</b> <b>22</b>  <b>YOUR</b> <b>FAMILY</b>	<b>ALWAYS,</b> <b>23</b>  <b>ALWAYS</b>  <b>GIVE</b>  <b>THANKS</b>	<b>GIVE THANKS</b> <b>24</b>  <b>AGAIN</b>  <b>WE CAN NEVER BE</b>  <b>THANKFUL ENOUGH</b>
Waffles/Sausage or Cereal/Grahams MJF <b>27</b>  Chicken Fried Steak/Roll/Gravy or Hot Ham/Cheese/Chips Salad, Mashed Potatoes Sliced Cucumbers, Apples, Milk	Biscuit/Egg or Cereal/Grahams MJF <b>28</b>  Crispy Tacos/Cheese Cup or Chicken Fajita/Tortilla Beans, Rice, Salad, Peach Cups Pudding, Milk	PBJ or Cereal/Grahams MJF <b>29</b>  French Bread Pizza or Spicy Chicken Burger/Chips Salad, Baby Carrots Sliced Apples, Cookies, Milk	Egg/Cheese Pita Pocket or Cereal/Grahams MJF <b>30</b>  Popcorn Chicken/Tots or Pan Pizza Sliced Cucumbers, Broccoli/Ranch Tomato Cup, Applesauce Cup Milk	



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